





CONTENT PLANNER

UNDATED





HOW TO USE YOUR WEEKLY PLANNER

COPY THESE HANDY LABI	ELS & PASTE WHERE NEEDED
USE WHA	T YOU LOVE:
COLOR CODING OR	ICONS FOR PLATFORMS

ARTWORK

COLLECTIONS

1 2 3

ARTWORK

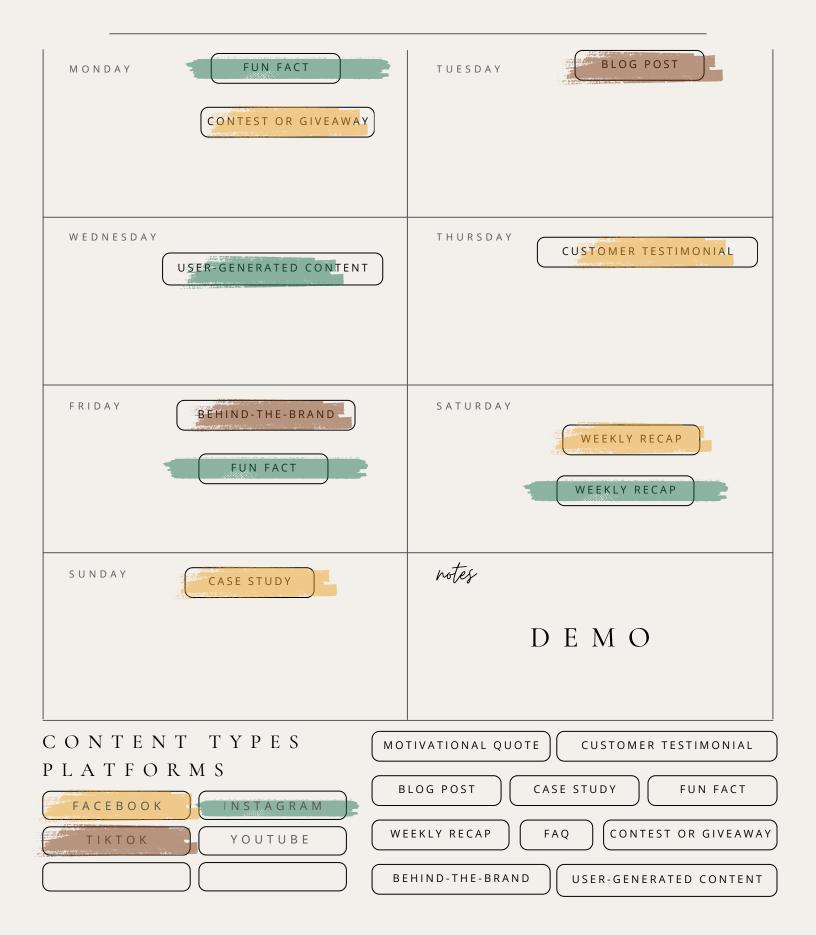
COLLECTIONS

1 2 3

ARTWORK

COLLECTIONS

1 2 3



NAVIGATE YOUR CONTENT PLANNER

MONTHLY VIEWS

1 2 3 4 5 6 7 8 9 10 11 12

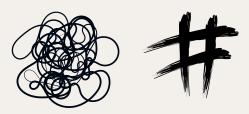
EXTRA PAPERS



PILLARS CTAS HABITS INSPIRATIONS



CONTENT IDEAS & HASHTAGS



QUICK GRAB CONTENT & ARTWORK



CONTENT IDEAS

Product or Service Comparison – Educate followers on what makes your offering different by comparing it to other options.

Pop Quiz – Post a question or trivia about your industry, and reveal the answer later to engage followers.

#MondayMotivation or #FunFriday – Align with popular weekly themes to stay consistent and encourage engagement.

Giveaway or Contest – Offer a small prize to encourage participation, tagging, or following.

Industry Tips – Share a quick tip related to your industry that's helpful for your audience.

Behind-the-Scenes – Show what goes into creating your product or service, from brainstorming to execution.

Customer Testimonial – Post a customer review or story that highlights how your product or service made a difference.

Day-in-the-Life – Take followers through a typical day in your business, showing them the people and processes behind the brand.

FAQs – Answer a frequently asked question to address common inquiries.

Myth Busting – Address and debunk a common myth about your industry or product.

Tools of the Trade – Showcase the tools or technology you use to deliver quality work.

Product Highlight – Focus on one product or service, explaining its benefits or unique features.

Employee Spotlight – Introduce a team member and share a bit about their role and personality.

Throwback – Share a "throwback" photo, old project, or memory that shaped your brand.

Client Feature – Highlight a client or partner and showcase their work or feedback.

Fun Fact – Share an interesting or lesser-known fact about your industry.

Quick Tutorial – Offer a mini how-to that showcases your expertise, even if it's as simple as organizing your workspace.

Poll or Question – Ask your followers a fun or thought-provoking question to increase engagement.

HASHTAG IDEAS

#MondayMotivation #InspirationDaily #MindsetMatters A #GoalDigger #SuccessMindset S #StayFocused #YouCanDoIt #PositiveVibesOnly δ #WorkHardDreamBig #RiseAndGrind \bigcirc #BelieveInYourself #SelfGrowth #StartToday #KeepGoing \circ #DreamBigger

 \mathbb{Z} \bigcap ш Z ш \mathbb{A} Ш \mathbb{A} Z Ш ∞ S S Z S \bigcap

#SmallBusinessTips #EntrepreneurMindset #StartUpLife #BuildingMyEmpire #BusinessOwner #SideHustle #HustleHard #CreativeEntrepreneur #BusinessGoals #BossBabe #EntrepreneurLife #WorkSmarterNotHarder #DigitalMarketing **#OnlineBusiness** #BusinessSuccess

9 \leq R \bigcirc \wedge Z \bigotimes Z \supset \geq \geq \bigcirc

#SupportLocal #CommunityOverCompetition #InThisTogether #NetworkingEvent #SupportSmallBusiness #Collaborate **#NetworkingTips #SmallBizCommunity** #WomenInBusiness #CreativeCommunity #TogetherWeCan #SupportEachOther #LocallyOwned #SmallBizOwners

Z Ш Z \bigcirc ∞ A ш \mathbb{Z}

#CreativeProcess #BehindTheScenes #ContentCreator #InstaCreative #JustCreate #CreatorsOfInstagram #DigitalCreator #CreativeEntrepreneur #CreateEveryday **#Storytelling #VisualStorytelling** #MyCreativeBiz #InspireCreativity #CreateAndCultivate

CONTENT PILLARS

DEFINE THE PILLARS YOU NEED

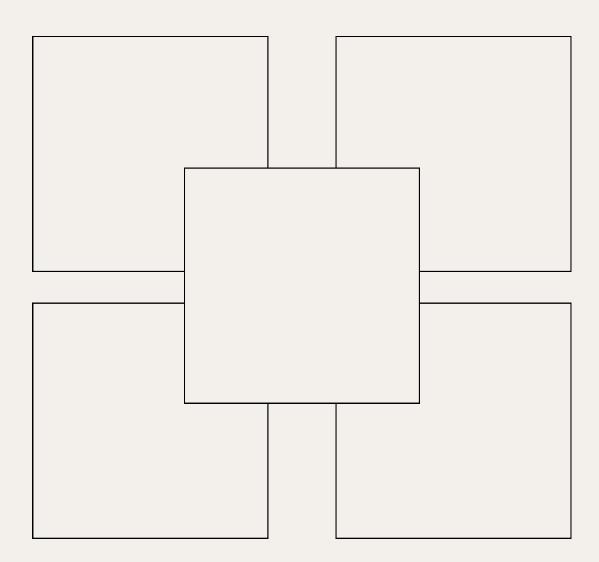
Content pillars should represent **THREE** to **FIVE** primary topics that reflect the brand's goals and what's valuable to its audience. Each pillar guides a specific type of post and its message.

Here's how to choose the right ones:

Identify Audience Needs and Interests: Think about what information, inspiration, or solutions followers are looking for.

Match Brand Values and Expertise: Choose themes that your brand is knowledgeable about and that reinforce its mission or personality.

Stay Broad Enough for Flexibility: Each pillar should be flexible, allowing for diverse content ideas under one theme.



EXAMPLES

& HOW TO USE THEM

1. Educational / Industry Insights

This pillar focuses on sharing expertise, helpful tips, and industry trends.

Example Post Ideas:

How-To Guides: "How to Use [Product] to Boost Productivity"

Industry News: "Top Trends in [Your Industry] for 2024"

Tips and Tricks: "5 Ways to Improve Your [Skill or Process]"

Myth Busting: "Common Myths About [Industry/Product]"

2. Behind-the-Scenes / Brand Story

Showcasing the people, processes, and passion behind the brand humanizes it and builds trust.

Example Post Ideas:

Team Introductions: "Meet the Team! Today, we're introducing [Team Member Name]"

Workspace Tour: "Take a Look Inside Our Creative Space!"

Project Sneak Peeks: "Here's a Sneak Peek at What We're Working on for Next Month"

Brand Values: "Why We Believe in [Core Value] and How It Drives Our Work"

3. Customer Stories / Testimonials

Sharing stories from happy clients or users helps build social proof and validates the brand.

Example Post Ideas:

Customer Feature: "Meet [Customer's Name], who has transformed their business with our [Product/Service]"

User-Generated Content: "How Our Community Uses [Product] – See Their Amazing Work!"

Case Studies: "How [Product] Helped [Client] Achieve [Result] in 3 Months"

Feedback Round-Up: "What Our Clients Are Saying This Month"

4. Product Highlights / Promotions

This pillar centers on spotlighting products, services, or promotions in an authentic way.

Example Post Ideas:

Product Demo: "See How Easy It Is to Use [Product] in 3 Steps"

Feature Highlights: "Did You Know? [Product Feature] Can Help You [Benefit]"

Special Offers: "Limited-Time Offer! Get 20% Off [Product] Until Sunday"

Customer Benefits: "Here's What Makes [Product] Perfect for [Target Audience]"

5. Inspiration / Motivation

This pillar provides uplifting content to engage followers, motivate them, and reflect brand personality.

Example Post Ideas:

Motivational Quotes: "Start the Week Strong! [Inspiring Quote]"

Success Stories: "From Struggle to Success – Our Client's Inspiring Journey"

Seasonal Themes: "Happy New Year! Here's to Reaching New Heights Together in 2025"

Celebrating Milestones: "Today Marks [Milestone]! Thank You for Being Part of Our Journey"

CONTENT CALENDAR

WITH ROTATING PILLARS

SET UP YOU CALENDAR

Use a tool that works best for you, like Google Calendar, a spreadsheet (Google Sheets or Excel), or a dedicated content calendar app like Trello, Asana, or Notion.

CHOOSE YOUR POSTING FREQUENCY Decide how often you'll post each week (e.g., 3, 5, or 7 times a week). A typical setup might include one post per day, but start with what's manageable for you.

2

3

ROTATE CONTENT PILLARS

Take your chosen content pillars and assign each one to a specific day or multiple days in the week. For example, if you have three pillars—Educational, Behind-the-Scenes, and Customer Stories—rotate these pillars throughout the week so you cover each at least once.

FILL IN SPECIFIC POST IDEAS

For each day, add a post idea under the assigned pillar. Let's say your content pillars are:

- Educational / Tips & Tricks
- Product Highlights / Promotions
- Behind-the-Scenes / Brand Story
- Motivation / Inspiration

MONDAY	MOTIVATION	Motivational quote or success story to start the week.
TUESDAY	EDUCATIONAL	A quick industry tip or myth-busting post.
WEDNESDAY	BEHIND THE SCENES	Show the team in action or share a personal story.
THURSDAY	CUSTOMER STORIES	Post a customer testimonial or feature a client's success.
FRIDAY	PRODUCT HIGHTLIGHT	Showcase a product feature, how-to, or limited-time offer.
SATURDAY	EDUCATIONAL	Share a "how-to" guide or list of useful tools.
SUNDAY	MOTIVATION	Reflect on achievements or share an uplifting message.

CALL TO ACTIONS

3 1HIGH PERFORMING CTAS

- "Save this post for future reference!"
- "Tag a friend who needs to see this!"
- "Double-tap if you agree!"
- "Comment below with your thoughts!"
- "Share this post if it resonates with you!"
- "Want more tips? Follow us for updates!"
- "Tell us in the comments: What's your favorite part?"
- "DM us for more details!"
- "Swipe left to see more!"
- "Check out the link in our bio to learn more!"
- "Tell us your go-to strategy in the comments!"
- "Hit the share button to pass this on!"
- "Who's ready to try this? Drop a le in the comments!"
- "Vote in our poll and let us know what you think!"
- "Pin this post if you find it helpful!"
- "Have questions? Ask us in the comments!"
- "Follow us to stay inspired!"
- "Feeling inspired? Show some love with a **!**"
- "Save this checklist for your next project!"
- "Which tip did you like the most? Let us know below!"
- "Ready to get started? Drop a if you are!"
- "Want to learn more? Comment 'info' below!"
- "Curious? Click the link to explore further!"
- "Need advice? Drop your question in the comments!"
- "Share your story with us below!"
- "Which one would you pick? Tell us your choice!"
- "Show us how you use this! Tag us in your photos!"
- "Looking for more like this? Sign up for our newsletter!"
- "Think this could help someone? Share it with them!"
- "What's on your mind? Let us know in the comments!"
- "Give us a shoutout by tagging us in your post!"

HABITS & TRACKING

OUTREACH, FOLLOW-UPS, AND COLLABORATION DELIVERABLES

	$\sqcup \sqcup \sqcup$	+++		+++	++++		+
				\perp			\bot
							+
							+
	\square						+
	HHH						+++
	\square	+++		-	++++	$\overline{}$	+
	$\sqcup \sqcup \sqcup$						$\perp \perp \perp$
							+
							+++
							+
	\square	+++		-	++++	$\overline{}$	+
							$\perp \perp \perp$
	. 🗆	_					
GOALS							

INSPIRATION

COLLECTIONS

CHAPTERS

JANUARY

NOTES	

JANUARY

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING	GOALS		POST	I N G	R E P	ORT
				VIEW	S	
		_		REAC	Н	
				INTE	RACT	IONS
		-		FOLL	O W E R	S
		_		LINK	CLIC	K S

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

FEBRUARY

NOIE	S	

FEBRUARY

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING	GOALS	P O S T	I N G	REP	ORT
			VIEW	S	
			REAC	СН	
			INTE	RACT	ONS
			FOLL	OWER	S
			LINK	CLIC	K S

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

MARCH

NOIES	
	_

M A R C H

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING	GOALS	POST	I N G	REP	O R T
			VIEW	S	
			REAC	СН	
			INTE	RACT	IONS
			FOLL	OWER	. S
			LINK	CLIC	K S

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

APRIL

NOIES)	

APRIL

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING	GOALS	POST	I N G	REP	ORT
			VIEW	S	
			REAC	Н	
			INTE	RACTI	ONS
			FOLL	O W E R	S
			LINK	CLIC	K S

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

MAY

NOIES	
	

MAY

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING	GOALS	POST	ING	REP	ORT
			VIEW	S	
			REAC	Н	
			INTE	RACTI	ONS
			FOLL	O W E R	S
			LINK	CLIC	K S

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

J U N E

N O	TES	_	

JUNE

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING	GOALS		POST	I N G	REP	ORT
				VIEW	S	
		_		REAC	СН	
				INTE	RACTI	ONS
		-		FOLL	OWER	S
				LINK	CLIC	K S

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

JULY

N	Ο	Τ	Е	S	

JULY

1 2 3 4 5 6 7 8 9 10 11 12

S	M	Т	W	Т	F	S

POSTING	GOALS	POST	ING	REP	ORT
			VIEW	S	
			REAC	Н	
			INTE	RACTI	ONS
			FOLL	O W E R	S
			LINK	CLIC	K S

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

AUGUST

NOIES)	

AUGUST

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING	GOALS	POST	ING	R E P	ORT
			VIEW	S	
			REAC	Н	
			INTE	RACT	IONS
			FOLL	OWEF	R S
			LINK	CLIC	CKS

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

SEPTEMBER

NOTES			

S E P T E M B E R

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING GOALS	POSTING REPORT
	VIEWS
	REACH
	INTERACTIONS
	F O L L O W E R S
	LINK CLICKS

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

O C T O B E R

NOIES	
	

O C T O B E R

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING	GOALS	POST	I N G	REP	O R T
			VIEW	S	
			REAC	СН	
			INTE	RACT	IONS
			FOLL	OWER	. S
			LINK	CLIC	K S

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

NOVEMBER

NOTE	5	

NOVEMBER

1 2 3 4 5 6 7 8 9 10 11 12

S	М	Т	W	Т	F	S

POSTING	GOALS	POST	I N G	REP	O R	Т
			VIEW	S		
			REAC	Н		
			INTE	RACT	I O N	S
			FOLL	OWER	. S	
			LINK	CLIC	K S	

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

CHAPTERS

D E C E M B E R

N O 1	' E S	

D E C E M B E R

1 2 3 4 5 6 7 8 9 10 11 12

S	M	Т	W	Т	F	S

POSTING O	GOALS	POST	I N G	R E P (ORT
			VIEW	S	
			REAC	Н	
			INTE	RACTI	ONS
			FOLL	OWERS	3
			LINK	CLICK	S

1 2 3 4 5 6 7 8 9 10 11 12

MONDAY	TUESDAY
WEDNESDAY	T H U R S D A Y
FRIDAY	S A T U R D A Y
SUNDAY	notes

FACEBOOK	I N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	NSTAGRAM
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

1 2 3 4 5 6 7 8 9 10 11 12

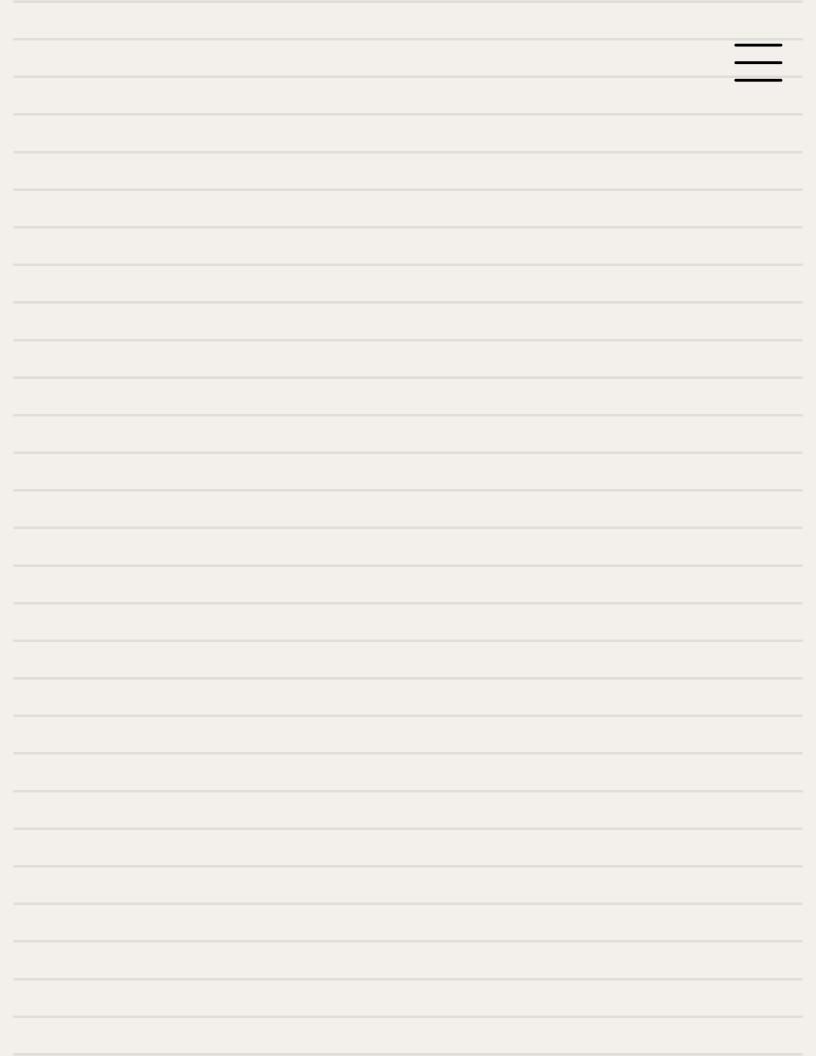
TUESDAY
THURSDAY
SATURDAY
notes

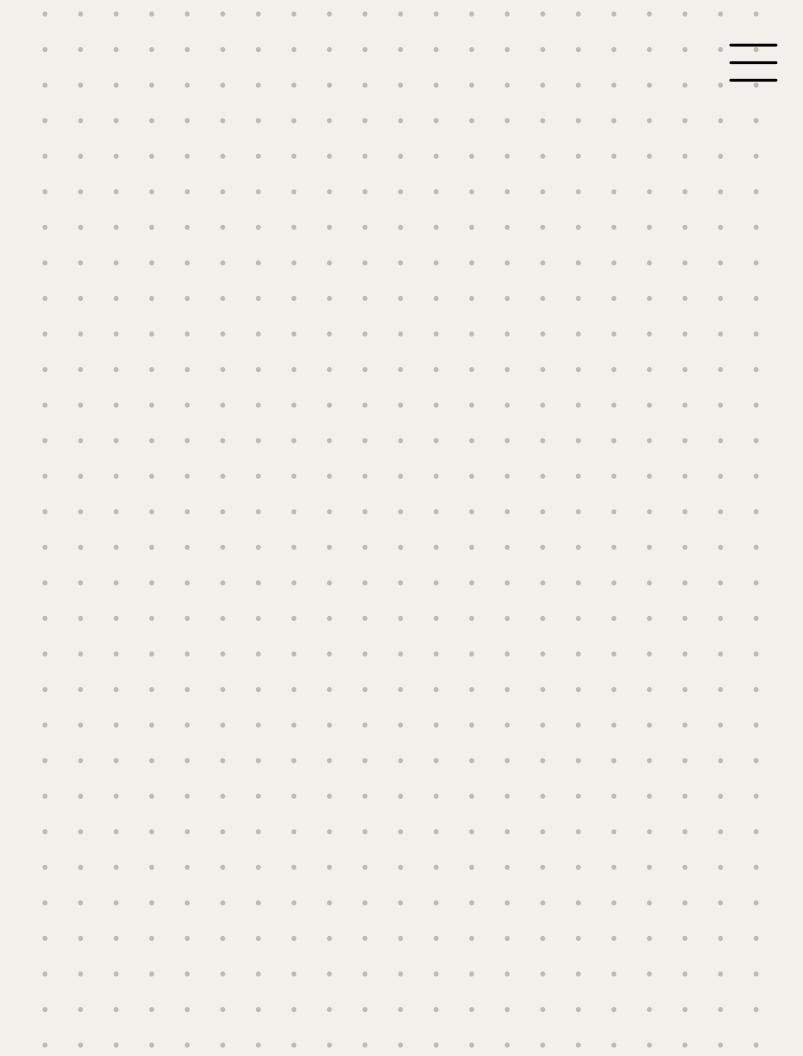
FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE

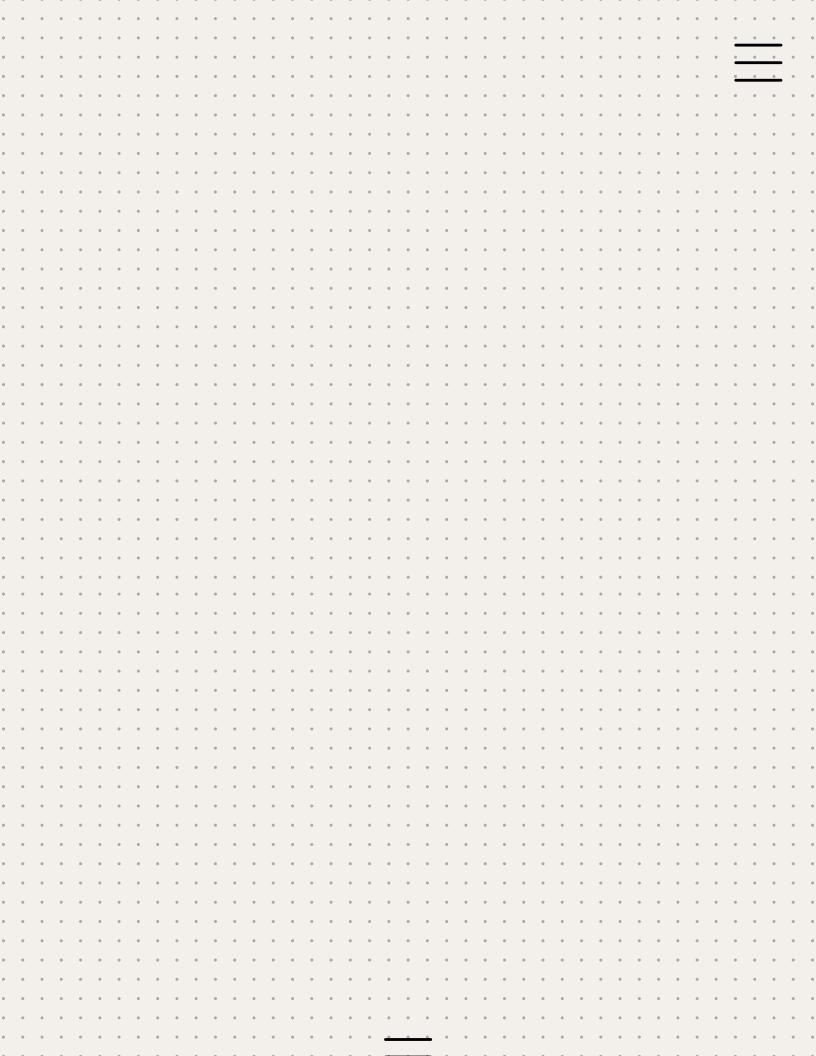
1 2 3 4 5 6 7 8 9 10 11 12

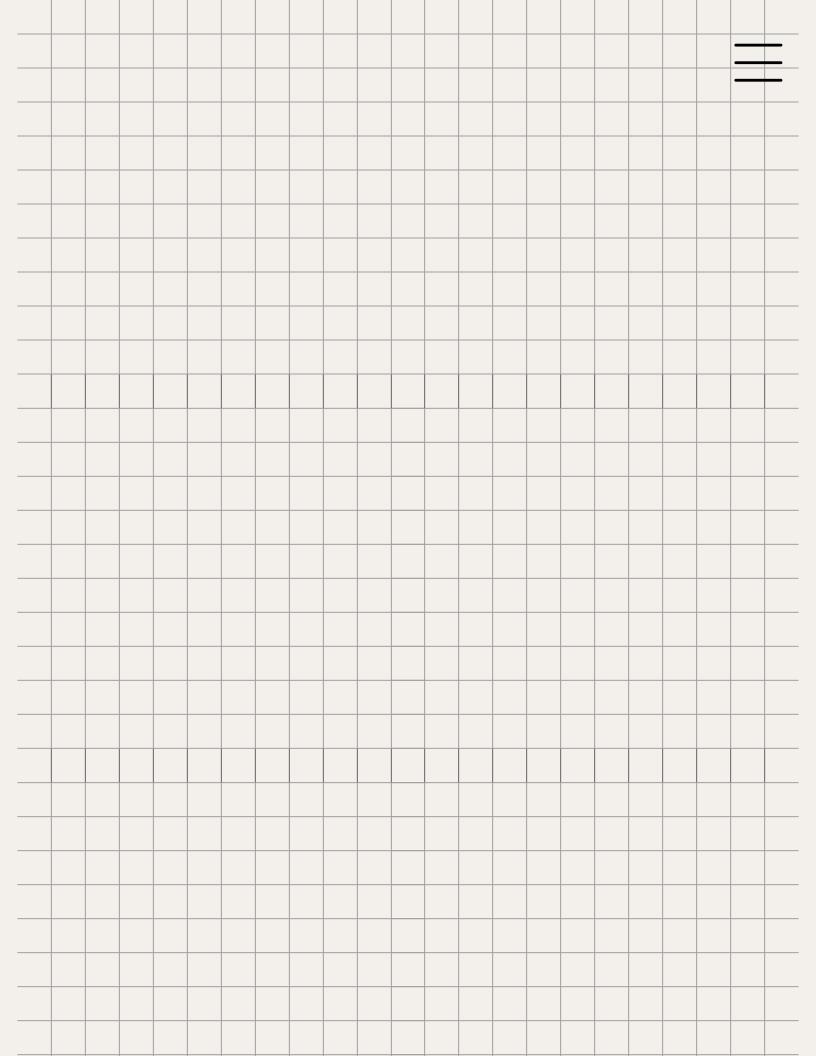
TUESDAY
THURSDAY
SATURDAY
notes

FACEBOOK	N S T A G R A M
TIKTOK	YOUTUBE









		<u>=</u>